

**Recommended Daily Nutrient Intakes (Ranges)
for Infants, Children and Adults with Urea Cycle Disorders**

Age	Nutrient		
	Protein	Energy	Fluid
Infants	(gms/kg)	(kcal/kg)	(mL/kg)
0 to <3 months	2.20 - 1.25	150 - 125	160 - 130
3 to <6 months	2.00 - 1.15	140 - 120	160 - 130
6 to <9 months	1.80 - 1.05	130 - 115	150 - 125
9 to <12 months	1.60 - 0.90	120 - 110	130 - 120
Girls and Boys	(gms/day)	(kcal/day)	(mL/day)
1 to <4 years	8 - 12	945 - 1890	945 - 1890
4 to <7 years	12 - 15	1365 - 2415	1365 - 2445
7 to <11 years	14 - 17	1730 - 3465	1730 - 3465
Women	(gms/day)	(kcal/day)	(mL/day)
11 to <15 years	20 - 23	1575 - 3150	1575 - 3150
15 to <19 years	20 - 23	1260 - 3150	1260 - 3150
≥19 years	22 - 25	1785 - 2625	1785 - 2625
Men	(gms/day)	(kcal/day)	(mL/day)
11 to <15 years	20 - 23	2100 - 3885	2100 - 3885
15 to <19 years	21 - 24	2200 - 4095	2200 - 4095
≥19 years	23 - 32	2625 - 3465	2625 - 3465

Reference: Dietary Management of urea cycle disorder patients

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